



**Number 15
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Editor's Note. Dear Reader

Basic number 15 is the second issue of the year 2007. In this edition you will find reports on several conferences that took place this year. There was a broad spectrum of events: in May IIBA held a conference in Seville/Spain and in June the EAP conference took place in Firenze/Italy. This EAP conference was organized by the FIAP (Federazione Italiana delle Associazioni di Psicoterapia). The president of EFBA-P Francisco Garcia Esteban held a workshop there and you will find his report on page 2. Finally the Austrian Society DÖK organized its second conference after a three year period with an amazing alternative unusual conference.

This edition of Basic does not contain as many articles as you have become used to simply because I received less articles from the members. I wonder "why" is this so? Were you too busy? Too tired? Or are you waiting because of the ongoing restructuring process of the IIBA? You are right; we are all wondering how it will affect EFBA-P, the local societies and the IIBA.

Very soon at the end of November,, EFBA-P will hold its General Assembly Meeting. You will find a revised invitation letter that was sent to your society at the end of this edition. At this meeting your delegate will also be invited to participate in the decision on how to proceed with Basic in the future. The big question is: "Who will take over the redaction of Basic?" As I mentioned already in the previous BASIC, this number is the last one of 10 editions, for which I had the honour of being the editor. I already want to congratulate my successor and wish him/her a lot of success.

Regine Armbruster-Heyer

Vorwort des Herausgebers Lieber Leser/innen

Basic 15 ist die 2.Ausgabe von 2007. Ihr werdet einige Konferenzberichte von diesem Jahr hier wiederfinden. Das Veranstaltungsspektrum war breitgefächert: im Mai die Jahrestagung der IIBA in Sevilla/Spanien oder im Juni die von der FIAP (Föderation Italiens Psychotherapeutischen Gesellschaften) gehaltene Konferenz in Florenz. EFBA-P Präsident Francisco Garcia Esteban hielt dort einen Workshop ab und wird hier berichten. Die Österreichische Gesellschaft DÖK organisierte zum 2. Mal nach drei Jahren eine Tagung, anregend, alternativ und ungewöhnlich.

Diese Ausgabe wird dieses Mal jedoch nicht so viele Berichte anbieten können wie sonst, einfach deshalb, weil ich weniger Artikel zugeschickt bekam. Ich wunderte mich „warum“? Seid Ihr alle zu beschäftigt, zu erschöpft? Oder wartet Ihr auf den Restrukturierungsprozess des IIBA? Recht habt Ihr! Wir sind alle neugierig, wie er EFBA-P, die lokalen Gesellschaften und das IIBA beeinflussen wird ?

Ende November findet die Mitgliederversammlung der EFBA-P statt. Ihr könnt eine verkürzte Fassung der Einladung hier lesen, die an Eure Gesellschaft verschickt wurde,. Die Delegierten werden hier zu entscheiden haben über die Zukunft von BASIC. Wie ich schon in der vorigen Ausgaben erwähnte, ist dieses die letzte Nummer von insgesamt 10 Ausgaben, deren Ehre ich hatte als Herausgeber zu betreuen. Ich möchte bereits hier meine(n) Nachfolger/in beglückwünschen und ihr/ihm eine Menge Erfolg wünschen.
Regine Armbruster-Heyer

Report on EAP

I will report below on some current EAP issues and on the summer congress in Italy.

EAP Issues

EAP is a complex organisation, and so are its procedures. The different ways to acquire the ECP (European Certificate for Psychotherapy) are being further defined. A “third way” is being characterized, in addition of those of “Grandparenting” (all ECPs granted until now) and EAPTI’s “European Accredited Psychotherapy Training Institutes” (the way supposedly to go in the future). The “third way” will delineate the way to obtain the ECP by those people who get their training at a teaching institute recognised by the EWAO and local NAO but that do not intend to go through the cumbersome and costly procedure of becoming accepted as an EAPTI. This is the situation that will most likely affect people being trained in Bioenergetic Analysis. The next meeting in Vienna in February 2008 will be very important regarding this matter, as proposals on this issue will be discussed and a decision made.



Board meeting of EAP 2007 in Tirana (Albania) –photo: Francisco Garcia Esteban

Another interesting matter that will be further defined in the Vienna meeting will be the full conditions of the CPD (Continued Professional Development) requirements requested to be kept in the EAP registry of ECP holders. We will have to think on ways to facilitate the meeting of these requirements by those persons interested in being in the register. We should also think independently about the subject of CPD in our modality.

In 2010 we will have to renew our accreditation as EWAO. The procedure for that has recently been put in place and old EWAOs are already going through it. The general attitude has been one of helping EWAOs meet the necessary requirements, with an understanding towards the difficulties that may be encountered. In order to facilitate our process, we will have to take care in the near future of some matters, like promoting the

awarding of ECPs in our modality and the applications of institutes for EAPTI status. We would also have to encourage advanced training standards and CPD policies in member societies.

The 15th EAP Congress

The congress took place in Florence from the 14th to the 17th of June; its theme was “**Humour and other strategies to survive emotional crisis**”. It was organised by the Federazione Italiana delle Associazioni Di Psicoterapia (FIAP), the Italian NAO (National Accrediting Organisation). Patrizia Moselli, president of the “Società Italiana di Analisi Bioenergetica” (SIAB) began after it to chair FIAP, substituting Rodolfo de Bernart who organised the congress, and was later elected as the next president of EAP at the EAP Board Meeting. I had during the congress the opportunity to meet with Patrizia Moselli and explore possible ways of facilitating the integration of Italian Bioenergetic Societies in EFBA-P. I also talked with Rodolfo de Bernart, congratulated him on his election and expressed him our support. He was very helpful in solving organisational problems with the EFBA-P activity in the congress.



EAP Conference in Firenze (Italy) – photo: Francisco Garcia Esteban

The congress was a success, in terms of its content and of the number of persons who attended: around 1200, between 3 and 4 times the usual number. It has been selected by an international organisation as one of four candidates for an award of the best organised congress of the year. The economic organisation was nevertheless in debt, as the expenses were high and many of the participants were young students who paid a reduced fee. Several measures are being considered to absorb part of the debt. A DVD of the congress is being created and will be offered for sell to EAP members hoping that it will generate some funds.

I conducted, on behalf of the Federation, a workshop on “Humorous Bioenergetics: A humorous and meaningful way of working with body and mind”. The people who attended enjoyed it, which I really

appreciated, as some of them were in training groups in Italy. They liked it, at least in part, because all their trainers are women, and they consequently enjoyed having the opportunity to see a male colleague at work.

I distributed past issues of BASIC and leaflets about the Federation and also made available sheets of paper to write the e-mails of those people interested in receiving information about Bioenergetic Analysis activities organised in their countries of origin. I have forwarded those addresses to the relevant societies.

There were also some presentations by Italian bioenergetic therapists. I hope that members of EFBA-P will be motivated in the future to assist and make presentations at EAP congresses, as a way to disseminate the knowledge about Bioenergetic Analysis among our colleagues and students in search of training to become psychotherapists.

Francisco García Esteban

President of EFBA-P

Delegate to EAP

In Spanish

Informe sobre la EAP

Informaré a continuación sobre algunos asuntos actuales de la EAP y sobre el congreso de verano en Italia.

Asuntos de la EAP

La EAP es una organización complicada, y así lo son sus procedimientos. Se están definiendo con mayor precisión las diferentes formas de conseguir el ECP (Certificado Europeo de Psicoterapia). Se está caracterizando una "tercera vía", además de las de "Grandparenting" (todos los ECPs concedidos hasta ahora) y EAPTI "Institutos Europeos Acreditados para la Formación en Psicoterapia" (supuestamente la forma de conseguirlos en el futuro). La "tercera vía" delineará la manera de obtener el ECP por aquellas personas que se formen en un instituto de enseñanza reconocido por el EWAO respectivo y la NAO local, pero que no tenga la intención de seguir el procedimiento complejo y oneroso para ser aceptado como EAPTI. Esta es la situación que afectará con mayor probabilidad a las personas que se formen en Análisis Bioenergético. La próxima reunión en Viena en febrero de 2008 será muy importante en relación a este tema ya que se discutirán propuestas al respecto y se tomará una decisión.

Otro tema interesante que será definido con más detalle en la reunión de Viena será las condiciones completas de CPD (Desarrollo Profesional Continuado) que se requerirán a aquellas personas que hayan recibido el ECP y quieran permanecer en el registro de la EAP. Tendremos que pensar

en cómo facilitar el cumplimiento de esos requisitos por aquellas personas interesadas en estar en el registro. También debemos pensar por nuestra cuenta en el tema del CPD en nuestra modalidad.

En 2010 tendremos que renovar nuestra acreditación como EWAO. El procedimiento para ello se ha desarrollado recientemente y los EWAOs antiguos ya están siguiéndolo. La actitud general ha sido de ayudar a los EWAOs a satisfacer los requisitos necesarios con una actitud comprensiva hacia las dificultades que puedan encontrar. Para facilitar nuestro proceso tendremos que ocuparnos en un futuro próximo de algunos temas, como promover la consecución de ECPs en nuestra modalidad y las solicitudes de institutos para el estatus de EAPTI. También tendríamos que fomentar estándares de formación avanzados y políticas de CPD en las sociedades miembro.

El 15º Congreso de la EAP

El congreso tuvo lugar en Florencia del 14 al 17 de junio; su tema fue "El humor y otras estrategias para sobrevivir a las crisis emocionales". Fue organizado por la "Federazione Italiana delle Associazioni di Psicoterapia" (FIAP), la NAO italiana (la organización nacional de acreditación). Patrizia Moselli, presidenta de la "Società Italiana di Analisi Bioenergetica" (SIAB) comenzó tras el congreso la presidencia de la FIAP, sustituyendo a Rodolfo de Bernart que lo organizó, y fue elegido posteriormente en la Junta Directiva de la EAP como su próximo presidente. Tuve la oportunidad de reunirme durante el congreso con Patrizia Moselli y explorar posibles formas de facilitar la

integración de las sociedades bioenergéticas italianas en la EFBA-P. También hablé con Rodolfo de Bernart, le felicité por su elección y le expresé nuestro apoyo. Fue muy colaborador para solucionar problemas organizativos con la actividad de la EFBA-P en el congreso.

El congreso constituyó un éxito, tanto en relación con su contenido como con el número de personas que asistieron: cerca de 1200, entre 3 y 4 veces lo acostumbrado. Ha sido seleccionado por una organización internacional como uno de los cuatro candidatos para un premio al mejor congreso organizado en el año. El balance económico fue sin embargo deficitario debido a que los costes fueron altos y muchos de los participantes eran estudiantes jóvenes que pagaron honorarios reducidos. Se están considerando algunas medidas para absorber parte de la deuda. Se va a crear un DVD del congreso que será ofrecido a la venta a miembros de la EAP con la esperanza de que genere algunos beneficios.

Llevé a cabo un taller en representación de la federación sobre "Bioenergética: una forma de trabajar con humor y de manera significativa con el cuerpo y la mente". Fue positivamente valorado por las personas que asistieron, lo que realmente aprecié, ya que algunas de ellas estaban en grupos de formación en Italia. Les gustó, al menos en parte, porque todos sus formadores eran mujeres, y por consiguiente disfrutaron de tener la oportunidad de ver trabajando a un colega masculino.

Distribuí números anteriores de BASIC y folletos sobre la Federación. También recogí los correos electrónicos de aquellas personas interesadas en recibir información sobre actividades de Análisis Bioenergético organizadas en sus países de origen. He enviado esas direcciones a las sociedades respectivas.

Hubo también algunas presentaciones a cargo de terapeutas bioenergéticos italianos. Espero que los miembros de la EFBA-P estén motivados para asistir y hacer presentaciones en futuros congresos de la EAP, como forma de diseminar el conocimiento del Análisis Bioenergético entre nuestros colegas y estudiantes en busca de formación para convertirse en psicoterapeutas.

**Francisco García Esteban Presidente de la EFBA-P
Delegado en la EAP**



EAP Meeting in Vienna, Austria **Feb. 16th – 17th, 2007**

By Ulrike Pschill (DÖK/Austria) EFBA-P Delegate in Vienne

In October 2006, an EAP meeting took place in Reykjavik, Iceland. At this meeting, new structures were implemented in order to have more time to work on the level of contents rather than on administrative issues.

Therefore, the Vienna meeting started on Friday morning with a Symposium on the topic

„Psychiatry – Psychology – Psychotherapy. Similarities and Differences.“

Four lecturers gave speeches on this topic from different perspectives.

In the afternoon, the audience was asked to get together in three working groups to discuss and share experiences.

The main purpose was to find a common definition of the profession of a psychotherapist in differentiation to the two other professions.

The **Board meeting** on Saturday morning started with a report of the

EU Platform Committee (Mony Elkaim, Annik Lambert).

Since psychotherapy is not a regulated profession within EU, EAP takes responsibility to introduce a common platform for psychotherapy, which is supposed to be the core element for professional and scientific identification of psychotherapists in Europe and related countries. It should make the free movement of psychotherapists in Europe easier.

From the side of the commission, the need for a definition that would clearly identify the profession and differentiate it from any other profession is of prime importance. EAP also has to bring evidence, that the current situation for migrant psychotherapists is unsatisfactory.

After this there was a short report about the development of **European Psychotherapy Universities** and the importance for EAP to get in contact with them.

The financial report and the report of the **registrar** followed. Since the last meeting, 150 ECP's (European Certificates of Psychotherapy)

and 2EAPTI's (European Accredited Psychotherapy Training Institutes) were registered. In all, 20 institutes are accepted as EAPTI's now.

At the **EWOC meeting** the issue of **reaccreditation** was discussed. It was mentioned that the reapplication procedure should be more a support for the development of quality than a detailed control.

After five years the EWAO itself should write a letter to reapply. The report should cover following issues:

What has changed (if anything) in your organisation with reference to structures, statutes, membership and/or aims and objectives?

In which countries does your organisation have training institutes or training facilities?

How has your organisation been involved in the work of EWOC and EAP?

Do you have a directory accessible to the public (on internet or in a written form)?

Please give the updated list of person(s) accredited by your EWAO and ready to sign ECP applications.

The report has to be sent to all members of EWOC at least four weeks before the relevant meeting and has to be presented by a representative of the EWAO.

The future meetings of EAP will take place

15./16.02.08 in Vienna/Austria

Report written in March 2007

Gegen den "Mainstream"

Rainer Mahr

In der bioenergetischen Welt wird immer wieder die Forderung laut, die Bioenergetische Analyse so zu entwickeln und darzustellen, dass sie vom Mainstream der Psychotherapie anerkannt werden kann. So wurde verschiedentlich auf unserem Kongress in Sevilla argumentiert und auf der letzten Generalversammlung der EFBA-P gab es sogar einen Beschluss, der dieses Ziel als Aufgabe formuliert hat.

Die Forderung, die BA weiter zu entwickeln, akzeptiere und unterstütze ich natürlich. Wir sollten in diesem Zusammenhang aber wirklich nicht von einer Anpassung an den Mainstream sprechen.

Mainstream bedeutet, dass die meisten Personen einer Gruppe zu einem Sachverhalt die gleiche Meinung haben. Nun gibt es aber in der psychotherapeutischen Welt sehr unterschiedliche Gruppen mit entsprechend unterschiedlichen Meinungen – es gibt viele Mainstreams. In Deutschland gibt es z.B. durch das Psychotherapeutengesetz eine relevante Gruppe von Personen, die bestimmt, welches Psychotherapieverfahren wissenschaftlich ist und welches unseriös ist. Diesen Mainstream zu akzeptieren würde für die BA bedeuten, der eigenen Liquidierung nicht nur zuzustimmen, sondern sie aktiv mit zu betreiben. In Deutschland ist die Homöopathie ständig dem Vorwurf der Scharlatanerie ausgesetzt (Mainstream), in Österreich kann man von der Ärztekammer eine offizielle Lizenz erwerben, um mit dieser Methode zu heilen.

Mainstream wird erzeugt über gut geschriebene, gut vermarktete Bücher, über politisch erfolgreiche Strategien und durch Vereinfachungen über die Medien. So gehört heute die Überzeugung zum Mainstream, dass Gefühle und ihre Intensität vom Niveau von Neurotransmittern abhängen – Depression ist ein Zeichen von Serotoninmangel, den man ausgleichen kann. Das stimmt zwar im Detail, vermittelt aber ein völlig falsches Bild von den Strukturen und Funktionsweisen in unserem Gehirn. Mit diesem Mainstream werden wir nicht besser die Wechselwirkung zwischen Körper, Seele und Geist verstehen lernen.

In einem Mainstream kommt die kontroverse Diskussion über eine Frage zu einem gewissen Abschluss, einem Gleichgewichtszustand. Nach der Systemtheorie führen Gleichgewichtszustände aber nie zu neuen Entwicklungen. Dies ist nur möglich durch einen ungleichgewichtigen Zustand, durch Kontroversen und Krisen. Wer also im psychotherapeutischen Bereich Entwicklung und Fortschritt will, kann an einem Mainstream nicht interessiert sein. Interessant ist alles, was vom Mainstream abweicht, versucht, die Wirklichkeit aus einer anderen Perspektive zu sehen und zu verstehen.

Nein – wir brauchen uns nicht um den Anschluss an den Mainstream zu bemühen. Wir werden mit unseren bioenergetischen Vorstellungen wahrgenommen werden können, wenn wir sie immer klarer formulieren und mit biologischen, psychologischen und sozialen Realitäten der Menschen in Übereinstimmung bringen. Wenn wir

selbst wirklich wissen, was wir unter „Energie“, dem „Energiefluss“, dem „Block“ usw. verstehen, können wir es auch den Kolleginnen und Kollegen anderer Psychotherapieverfahren vermitteln. Aber genau das ist unser Problem, dass wir es noch nicht gut genug verstehen und beschreiben können, was wir meinen, wollen und machen.



Rainer Mahr während der DÖK Tagung (zusammen mit Carola Kaltenbach, Referentin der DÖK, und Regine Armbruster-Heyer

Against The Mainstream

By Rainer Mahr

In the bioenergetic world the call for developing and representing the B.A. in order to get the acknowledgement of the mainstream-psychotherapy is becoming louder and louder.

In this manner arguments on our International Conference in Sevilla were repeatedly uttered. On our last general assembly of the EFBA- P there even was a resolution passed that formulated this aim as a task. I, of course, accept and support the demand for further developing the B.A. But in this context we really shouldn't speak about an adaption to the mainstream.

Mainstream means that the majority of a group has got the same opinion concerning a certain subject. In the psychotherapeutic world, however, there exist very different groups with accordingly different points of view – which means that there are various mainstreams.

In Germany, for instance, there exists due to the Law of Psychotherapy a relevant group of people who decides which psychotherapeutic procedure is scientific and which one is dubious.

To accept this kind of mainstream would for the B.A. not only mean to agree to its liquidation, but to even actively push it forward.

In Germany homöopathy, for example, is constantly faced with the reproach for charlatanism whereas in Austria you can get an official license from the medical association to heal with this method.

Mainstream is generated by well written and well merchandised books, by political strategies and by simplifications

Nowadays, for instance, the mainstream believes that emotions and their intensity depend on the level of neurotransmitter – depression as a sign of a lack of serotonin, which can be medically compensated. In detail this is true conveys, however, a completely wrong picture of our brain's structures and mode of operation. With this kind of mainstream-thinking we will not be able to understand better the interaction between body, mind and soul.

In a mainstream the controversial discussion concerning a specific question comes to a certain conclusion, a position of equilibrium. According to systems theory these states can never lead to new development. This can only happen from a position of irregularity, in controversies and crisis. Consequently all people in the psychotherapeutic world who strive for development and progress can't be interested in a mainstream. Everything that deviates from the mainstream, everything that tries to see and understand reality from another perspective is interesting. No, we really don't have to pursue a connection to the mainstream. We will be perceived and acknowledged with our bioenergetic concepts if we express them accurately and bring them in accordance to the biological, neurobiology, psychological and social realities of the people.

If we ourselves really know what we mean when we talk about energy, energetic flow and blocks we can also impart it to those of our colleagues who work with other psychotherapeutic methods. But that's exactly our problem that we can't really understand it thoroughly enough and that we are not yet able to describe what we mean and want and how exactly we work.





NEWS FROM THE SOCIETIES

Tagung der österreichischen Gesellschaft für körperbezogene Psychotherapie – Bioenergetische Analyse – DÖK

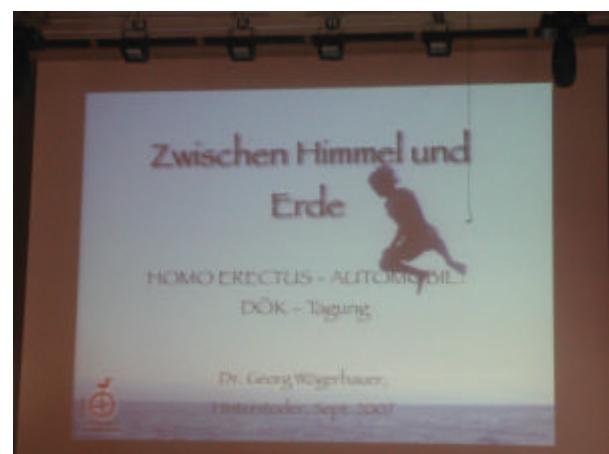
GRATWANDERUNG – ARBEIT AM RÜCKGRAT

Ende Oktober fand unsere zweite Tagung in Österreich statt. Vier Referate und 13 workshops, ein Kabarett, eine Pre-workshop und eine Ausstellung beschäftigen sich mit Phänomenen, die einem begegnen, wenn man sich mit der Aufrichtung der Wirbelsäule und im übertragenen Sinne mit dem Rückrat, d.h. mit der Aufrichtigkeit beschäftigt.

Balance – Rückhalt – Haltung – Aufrichtung – Überblick dienten uns als Bild für den Ablauf der Aufrichtung und als Halteseil für das Tagungskonzept.

Die Tagung fand wieder in Hinterstoder in einem persönlichen Rahmen statt. Circa 100 TeilnehmerInnen fanden den Weg zu uns.

Unerwartet viele davon beteiligten sich schon am Preworkshop, einer Wanderung zum Schrocken.



Vortragsdias von Dr. Georg Wögerbauer

Dies war gedacht als reale Annäherung zum Thema des Grates, und auch eine Gelegenheit, unsere Arbeit mit Analogien zur Natur zu zeigen. Hans Peter Eisendle, ein bekannter Bergführer berichtete uns dann am Beginn der Tagung von seiner Sichtweise und seinen Erfahrungen mit dem Grat. Spätestens da wurde die Brisanz des Themas deutlich.

Im ersten Vortrag von Eva Kammerer Pinck ging es dann um eine Fallgeschichte, bei der deutlich wurde wie der Verlust von Rückhalt auf beruflicher Ebene zu einer Aktualisierung alter Ängste führen kann und auf körperlicher Ebene zu einer Beeinträchtigung der Wirbelsäule.



Vortragsdias mit DR. Georg Wögerbauer

Im zweiten Vortrag von Georg Wögerbauer ging es um den Zusammenhang von Wirbelsäulenbeschwerden und Erkrankungen wie Stress, Depression, burn out und Angst. Sehr anschaulich und praxisnah sprach er über das Charakterstrukturenmodell der Bioenergetischen Analyse und den Möglichkeiten von Körperforschungen.

Im dritten Vortrag ging es um Themen in Zusammenhang mit Aggression und Sexualität, die sowohl in der Kunst als auch in der Psychotherapie wichtig sind. Waldemar Kufner versuchte eine Verbindung herzustellen.

Im vierten Vortrag ging es um die Liebe und ihre Bedeutung in der Psychotherapie. Susanna Schenk und Joachim Nagele sprachen von Übertragungs- und Gegenübertragungsgefühlen und gaben einen Einblick, wie sich Liebesbeziehungen, abhängig von den können.

Die Workshops waren allesamt in alter Tradition sehr körperorientiert und somit sehr konkret. Wir freuten uns, dass auch eine Kollegin aus der Schweiz – Frau Agnes Neuenschander Tarazzo



Die Präsidentin der DÖK Brigitte Berger vor Beginn des Preworkshop neben dem Veranstaltungsplakat

einen Workshop bei unserer Tagung angeboten hat.

Michael Bilic und Michael Schorr lieben unorthodoxe Zugänge zu schwierigen Themen, „Das gratwandernde Rückgrat“ war der Titel ihres Kabarett. Eine Ausstellung mit Texten aus der europäischen Kulturgeschichte zum Thema Körper, Geist und Seele gaben auf ihre Weise der Tagung Rückhalt.



Bergführer im Workshop Michael Bilic

Eine Tagungsdokumentation und ein Ausstellungskatalog sind in Planung.

Wir waren sehr zufrieden mit dem Verlauf der Tagung und auch sicherer als beim ersten mal. Die Rückmeldungen der Besucher waren durchwegs positiv und auch für uns war es gut, gemeinsam unsere Arbeit öffentlich sichtbar zu machen. Wahrscheinlich wird sie nicht die letzte Tagung der DÖK sein.

Brigitte Berger



In English

Conference of the Austrian Society for body-related Psychotherapy - Bioenergetic Analysis – DÖK



Bergsteigende Teilnehmer am Grat

WALKING ON THE RIDGE – WORKING ON THE SPINE

End of September our second conference took place in Austria.

Four lectures and thirteen workshops, a cabaret, a preworkshop, and an exhibition dealt with phenomena concerning the upright position of the spine and the value of sincerity (being upright).



Our concept, our „rope“ which we used on the course of the conference were topics like balance, back support, posture, getting upright and achieving an overview.

The conference again took place in Hinterstoder, in an intimate setting, with about 100 participants.



Walking in slow-motion –

Unexpectedly, quite many of them took part in the preworkshop, a hike towards the Schrocken. This was meant to be a real approach to the ridge, and also an opportunity to show our work with analogies in nature.

At the beginning of the conference, Hanspeter Eisendle, a well known mountain guide, talked about his point of view and experiences with ridges in the mountains. At this moment it became obvious, how dangerous it is to be exposed on a ridge!



Workshop-Gruppe bei der Gratwanderung

In the first lecture, Eva Kammerer-Pinck introduced a case study which demonstrated, how the loss of back support in a working situation can bring up old fears and, on the body level, weakens the spine.

The second lecture, given by Georg Wögerbauer, dealt with the connection of diseases of the spine and so called „new“ diseases like stress, burn out, depression, sleeping disorder, and fear. He presented the model of character structures of Bioenergetic Analysis and the possibilities of body interventions in practical work.



The Sky and the Mountain

In the third lecture the topics aggression and sexuality were worked out, and their importance both in visual art and in psychotherapy was pointed out. Waldemar Kufner tried to find a connection.

Finally, in the fourth lecture, the topic was love and its meaning in psychotherapy.

Susanna Schenk and Joachim Nagele talked about feelings of transference and countertransference, and showed how love stories develop according to the characterstructures of the persons involved.

Following our tradition, the workshops were all very body oriented and thus very concrete.

It was a pleasure to have a colleague from Switzerland with us – Agnes Neuenschwander Tarozzo – who also presented a workshop.

Michael Bilic und Michael Schorr are known for their unusual approaches to difficult topics. „The ridgewalking spine“ was the title of their cabaret.

An exhibition with texts originating from European cultural history connecting the ideas of body, mind, and soul gave us back support in a special way.



Local traditional Thanksgivingday 2007 in Hinterstoder (on the same day as the conference)

We are working on a documentation of the issues of our conference and a catalogue of the exhibition.

We are very satisfied with the course of our conference, and we felt more secure than the first time.

We got quite a lot of positive feed back, and it was helpful for us to make our work visible to the public.

And most likely, it will not be the last conference of DÖK.

**Brigitte Berger and Ulrike Pschill Translation,
BOARD members of the DOK**



Journées Francophones 2007

De l'attachement au lien

06 / 07 Oct 2007 Paris

Au CISP 12 ième sfabe@wanadoo.fr



Participants in Paris during the French-Speaking Days 2007



SFABE president Serge Cueille presents Joyce Mc Dougall

Unfortunately we had not got in time the report about the conference, but our EFBA-P president Francisco

Garcia Esteban who had joined the meeting has sent some pictures.



Jeanne Vaillant presenting Marie Hélène Dubois



Entertainment on Saturday night



To the foundation of a EUROPEAN PSYCHOTHERAPY UNIVERSITY network (EPU)

The meeting has taken place in Cologne, Germany Höninger Weg 115, on Saturday, 6th of October 2007

Invitationletter to the EPU meeting:

Dear colleague,

we, Prof. Fischer and Prof. Pritz met in Vienna to discuss the possibility of creating a European network of universities in which psychotherapy research, training and treatment have a place.

This network shall not work against current psychotherapy institutions but shall make visible the possibilities of already existing activities of university based psychotherapy. Collaboration with other institutions like training institutes and psychotherapy research centers is welcome and necessary. Too long there has been a gap between psychotherapy practice and psychotherapy research. We want to bring both entities together.

As the European Association for Psychotherapy is the largest umbrella for psychotherapists in Europe we want to work in close collaboration with the EAP, but also with other European Psychotherapy Associations.

Who is invited: all representatives and persons from Universities which do research, training or treatment at a European University. Please

indicate in your registration from which university you are coming.

What will happen?

1. Welcome addresses by the participants
2. Discussion of next goals
3. Discussion of long term goals
4. Foundation of the EPU

register: s.grieger@psychotraumatologie.de

Gottfried Fischer Chair Institute of Clinical Psychology and Psychotherapy University of Cologne www.ikpp@uni-koeln.de

Alfred Pritz Rector Sigmund Freud University General Secretary EAP



The new CBT's

Basic has no information about new CBT's

BIOENERGETIC JOURNALS BOOKS

Forum der Bioenergetischen Analyse

Volume 1/2007

NIBA+GBA+IBAR+SgfBA+MGBA+DVBA

Redaktion: Dr.Clauer – Großrüschelkamp - Irslinger-Mahr -Van der Schrieck-Junker - Wenzel

Herausgeber: Dr. Vita Clauer-Heinrich

Autoren: Angela Klopstech:

Stellen die Neurowissenschaften die Psychotherapie vom Kopf auf die Füsse?

Karl-Klaus Madert:

Synergetik in der Körperorientierten Trauma Therapie

Corinna Bartling:

Verkörperte Gegenübertragung-Körperlicher Austausch und Beziehungserleben in der Bioenergetischen Therapie

Rainer Mahr:

Der „kompetente Säugling“ auf dem Weg in die Bioenergetische Analyse

Marion Henze:

Im Zauberland – selbstorganisatorische Hypnotherapie

Le corps et l'analyse Revue des sociétés francophones d'analyse bioénergétique

SFABE + IABFS + SOBAB

Volume 8 - Numéro 1 - Printemps 2007

Auteurs :

Violaine De Clerck

Les désordres amoureux et le corps

Denis Royer

Narcissme adolescent et la difficulté d'aimer

Thierry Goguel d'Allondans

Toutes premières fois Les sexualités initiatiques

Jaime Perez

De l'amour et de l'intimité

Dominique Weill

Respect de l'intimité et attouchement sexuels

Jeanne Vaillant

Du contrordre amoureux

Marie-Ma Martin

Vignette clinique

Robert Chapeaux

Note

Le corps et l'analyse Revue des sociétés francophones d'analyse bioénergétique

Volume 8 - Numéro 2 - Automne 2007

Thierry Van Schuylenbergh

Editorial

Angela Klopstech

Catharsis et régulation de soi revisités : considérations cliniques et scientifiques

Réjean Simard

Passer des eaux troubles à une rivière tranquille

Annie Nissou

De la découverte du soi à l'appropriation de soi

Michel Brien

Prendre soin de soi comme intervenant

Marie-Christine Tenembaum

Autour de Diane...

Laurence Milstain

A la vie, à la mort

<http://www.analyse-bioenergetique.com>

Preis: 10,80 € + Porto

Sekretariat NIBA_Germany

NIBA-eV@t-online.de



BOOKS

Körperübung für die Traumaheilung

David Berceli

Verlag: Spezial 2007

Forum der Bioenergetischen Analyse

Invitation to the General Assembly of the EFBA-P

Brussels – Belgium, November 23-25 2007

Dear President:

Your society is cordially invited to send delegates to the upcoming General Assembly of the European Federation that will take place the last weekend of November in Brussels. In the invitation e-mail you will find the agenda and information about the location, schedule and registration procedure. You will also receive several documents with information regarding the different issues that will be addressed.

We want to devote most of the time this year to deal with European matters that we assume interest the individual members of our societies. We will consider the future of our old projects like BASIC and the Web Page. We will also explore new projects for the future like organising a theoretical workshop on basic bioenergetic issues, and creating databases for bioenergetic literature and for the pool of bioenergetic experts in Europe on different fields of interest.

We will also address issues regarding international institutions to which we belong like IIBA and EAP. We will inform about the participation of members of the EC of the Federation in the election for the Board of Trustees of IIBA and we will think about the basic European viewpoints that they should transmit in that structure.

It will be interesting if you could arrange a meeting in your society to discuss these matters, so that your delegates can truly represent the views of your society. Having that information would also allow European delegates to the BOT of IIBA to accurately represent the interests of the members of your society. Please remember that each society can send up to two delegates to the meeting but having only one vote.

We would like your society to be represented at this year's General Assembly either by sending delegates or been represented by the delegate(s) of another society that will attend (in which case your society would have to send a written statement informing of the representation). We would like to have your input on the important issues that we will be addressing and also to provide your representative with relevant information about them, so that it can later be shared with the members of your society.

We count on your presence.

Cordially

Francisco García Esteban

President of EFBA-P

On behalf of the Executive Committee

Invitación a la Asamblea General de la EFBA-P
Bruselas - Bélgica, noviembre 23-25 2007

Estimado Presidente:

Su sociedad está cordialmente invitada a enviar delegados a la próxima Asamblea General de la Federación Europea que tendrá lugar el último fin de semana de noviembre en Bruselas. En el correo-e con la invitación encontrará la agenda y la información sobre ubicación, horario y procedimiento de inscripción. Recibirá también diversos documentos con información relativa a los distintos asuntos que se tratarán.

Queremos este año dedicar la mayor parte del tiempo a temas europeos que suponemos son del interés de los miembros de nuestras sociedades. Consideraremos el futuro de antiguos proyectos como BASIC y la Página Web. También analizaremos nuevos proyectos para el futuro tales como la organización de un taller teórico sobre temas básicos de bioenergética, y la creación de bases de datos de literatura bioenergética y de expertos europeos de bioenergética en diferentes áreas de interés.

Abordaremos también asuntos relativos a instituciones internacionales a las que pertenecemos como el IIBA y la EAP. Informaremos sobre la participación de miembros del EC de la Federación en la elección para la Junta de Representantes (Board of Trustees) del IIBA y pensaremos en los puntos de vista europeos básicos que deben transmitir en esa estructura.

Sería interesante si pudiese organizar una reunión en su sociedad para tratar de estos temas, de modo que sus delegados puedan realmente transmitir las opiniones de su sociedad. Disponer de esa información también permitiría que los delegados europeos en el BOT del IIBA representen los intereses de los miembros de su sociedad con exactitud. Por favor, recuerde que cada sociedad puede enviar hasta dos delegados a la reunión, pero con un único voto.



Nos gustaría que su sociedad estuviese representada en la Asamblea General de este año, bien enviando delegados o siendo representada por el delegado de otra sociedad que asista (en cuyo caso su sociedad tendría que enviar una declaración escrita informando de la representación). Nos gustaría conocer su opinión sobre los asuntos importantes que estaremos abordando y también proporcionar a su representante información relevante sobre ellos que pueda ser posteriormente compartida con los miembros de su sociedad.

Contamos con su presencia.

Cordialmente

Francisco García Esteban

Presidente de EFBA - P

De parte del Comité Ejecutivo



**EUROPEAN FEDERATION FOR
BIOENERGETIC ANALYSIS PSYCHOTHERAPY**

Austria - Belgium - France - Germany - Netherlands - Norway - Portugal - Spain - Switzerland

Integrated by Societies members of IIBA

www.bioenergeticanalysis.net

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Regine Armbruster-Heyer (SOBAB-Belgium) 4th member: France Kauffmann (IABFS -France)

Web site of EFBA-P Coordinated by Edith Liberman



eliberman@va.com

Events- Conferences	Place- Time	Trainer - Society	Costs	Information
Bioenergetisch-Analytische Jahresgruppe 2008	Ab Nov 07 bis Jun 2008 Austria	DÖK -AUSTRIA In deutscher Sprache	50.- € per day	Dr. Manfred Deiser Manfred.deiser@nwe.at
Conference "Emoción Salud y Cumunicación	11.01.2008 Donostia/S.Sebastian/Spain	EHABE + Guy Tonella	free	Jaime Perez ehabe@euskalnet.net
Studentag der NIBA Tinnitus-Atemtherapie Experimentieren in übungsgruppen/Differenzierung bei der Paartherapie	29 Feb – 01 Mar 2008 Tagungshaus Habbinga 26939Övelgönne Germany	NIBA –Germany Amazonasstrasse 3, 26931 Elsfleth/Germany	30.- € Beitrag + 20.-€ Verpflegung	NIBA-GER NIBA-eV@t-online.de
Bioenergetic intensive For gay and bisexual men.	15.-17.02.2008 Lindenfels/Germany.	thomas.heinrich@plus-mannheim.de		www.sgfba.com + Thomas Heinrich
"Moving life. - Bioenergetic pur!" For gay and bisexual men.	25.-27.04.2008 Mannheim/Germany	Thomas Heinrich thomas.heinrich@plus-mannheim.de		bioenergetik@sgfba.com
Der Körper – unser grösster Verbündetet in der Traumaheilung	16.-18. Mai 2008 NIBA-Germany	NIBA –Germany and David Bercelli		NIBA-eV@t-online.de
Fortbildung in die Prinzipien und Arbeitsweise der Körperspsychotherapie auf der Basis der Konzepte der Bioenergetische Analyse	ab Juni 2008 über 2 Jahre Heidelberg/Germany	SgfBA Wera Fauser Thomas Heinrich		www.sgfba.com , info@fauserconsulting.de thomas.heinrich@plus-mannheim.de
Getting in touch with Self International Workshop In English	02-04 October 2008 Vienne/Austria	DÖK with Chuck Lustfield (Dallas society USA)	Approxim. 500.- €	Michael Schorr www.bioenergetische-analyse.org
East meets West The Global Challenges in Psychotherapy	12-15 October 2008 In Beijing/China	5 th World Congress of Psychotherapy		www.wcp2008.org
Workshop : Apego y Sexualidad	15-18 October 2008 Bask Country Spain	EHABE with Virginia W.Hilton & Bob Hilton USA	350.-US Dollar + 70.-€	ehabe@euskalnet.net Jaime Perez
Rencontres Internationales de Thérapie Psycho-Corporelle	8 11 Novembre 2008 Paris	AIP &CSI + EABP	Not yet determined	François LEWIN francois@psychologie-biodynamique.com

Your contributions for the next issue “ BASIC 16 “

Please send them before 15th March 2008