

Diese Fortbildung richtet sich an Körper-Psychotherapeuten/-innen, im psycho-sozialen Bereich tätige Menschen und solche, die am Trainingsprogramm in Bioenergetischer Analyse interessiert sind. Sie ist in Jahres-Modulen strukturiert, sodaß man sich für 1 Jahr oder auch mehr anmelden kann. Verschiedene Abschlüsse sind möglich. (Z.B. Übungsgruppenleiter/in, Therapeut/in CBT gemäss IIBA).

This Further Training is addressed to colleagues from body psychotherapy, professionals from the field of health-care, and those who might be interested to participate in the training program. You can acquire several body psychotherapy and educational skills and certificates within the framework of the modular structure of the training courses at NIBA. You can also book the yearly training modules separately.

International Group,
if necessary organized as a multi-level group.
Workshop language: English/German

Place: Ströme-Institut e.V.
Hermannstraße 48, 2nd court, 2. Hof
(U 8 Boddinstraße)
12049 Berlin-Neukölln

Begin: March 2019 (6 Weekends)

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More information: www.niba-ev.de
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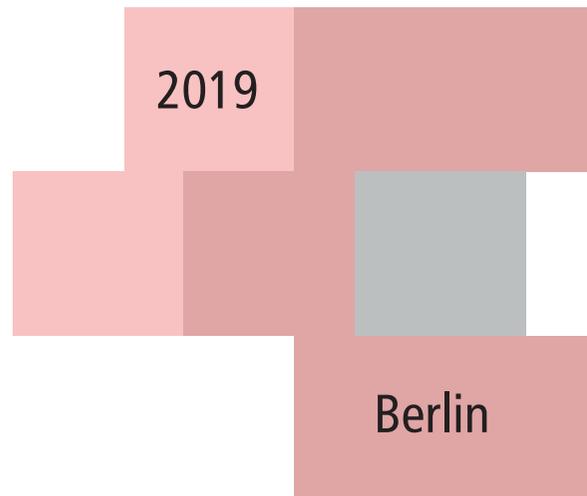


BIOENERGETISCHE ANALYSE TRAINING BERLIN

1. Jahr Grundlagen

Körper Trauma
Blockierung und Energiefluss

Modulares Training NIBA/IIBA
1 Jahr - 2 Jahre - „Übungsgruppenleiter“
4 Jahre - klinische Phase - „Therapeut CBT“

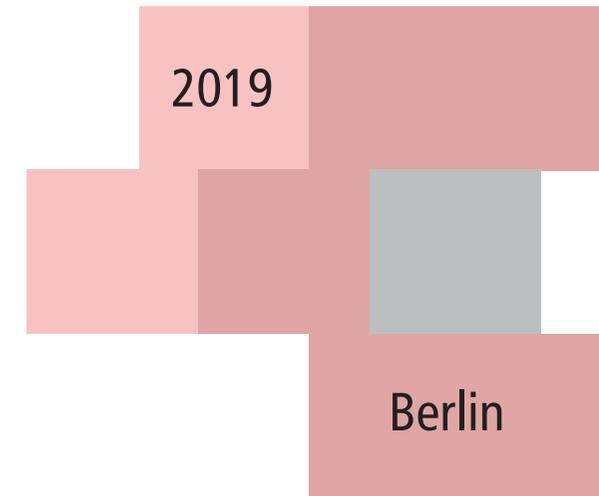


BIOENERGETIC ANALYSIS TRAINING BERLIN

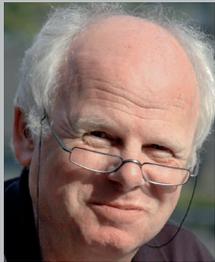
1 Year Fundamentals

Body Trauma Block and Flow

Modular Training NIBA/IIBA
1 year - 2 years - „Exercise class leader“
4 years - clinical phase - „Therapist CBT“



TRAINER-TEAM



Heiner Steckel Dipl. Päd.

Holds a private practice as Healing Practitioner for Psychotherapy, International Trainer for Bioenergetic Analysis and TRE®, teaching in Germany, France, Spain, Russia, Poland, Columbia, Brazil et.al.



Susanne Winkler Dipl. Psych.

Psychotherapist („Psychologische Psychotherapeutin“) Own practice, licensed by the German health insurance scheme (psychodynamic approach), accredited supervisor. Bioenergetic Analyst CBT/IIBA, Local Trainer NIBA, Trainer TRE®, teaching in Germany, Scandinavia, Poland et.al.



Dr. Vita Heinrich-Clauer, Dipl. Psych.

International Trainer for Bioenergetic Analysis (IIBA Faculty). Working in private practice and teaching Bioenergetic Analysis in Switzerland, Germany, Russia, Poland. Editor of the „Handbook

Bioenergetic Analysis“ 2011

MODUL 1 - FUNDAMENTALS

1 Year Training - 6 Workshops in 2019

March 14 -17, 2019 – Heiner Steckel

The Fundamentals of Bioenergetics

Neuro-anatomical understanding of tension regulation, trauma and involuntary movements in therapy and exercises.

May 2 - 5, 2019 – Susanne Winkler

Grounding

Grounded organismic development of potentials, a core concept of bioenergetic analysis.

June 7 - 9, 2019 – (teacher still open)

Anatomy and Physiology

for Bioenergetic Analysis in therapy and for the **design and use of exercises (I)**.

Sept. 20 - 22, 2019 – Susanne Winkler

Energy Flow and Blockings

Basics for body-reading and for the **design and use of exercises (II)**.

Oct. 18 - 20, 2019 – Heiner Steckel

Energetic Interventions I

Mobilising and containing impacts in dialogue with the person and the tissue.

Dec. 6 - 8, 2019 – Dr. Vita Heinrich-Clauer

Energetic Interventions II

Breathing, voice and expression.

This International Training welcomes students from different countries and may also integrate trainees with different bioenergetic training levels. Although each module has a specific theme, all trainers are used to teach multi-level groups and e.g. integrate pre-clinical teaching with clinical.

WHAT IS BIOENERGETIC ANALYSIS?

Bioenergetic Analysis is a body-psychotherapy founded by Alexander Lowen, that combines a bodily, analytic and relational therapeutic work, based upon an energetic understanding – rooted in the work of Wilhelm Reich.

It integrates working with the body, with the patient's interpersonal relationships and with his mental processes; each of which is correlated and interpreted in terms of the others.

In its current form, it integrates knowledge and findings from attachment theory, relational psychoanalysis, infant and trauma research and neurobiology.

With a long and established history, it is on the cutting edge of contemporary psychology, as rapid advance in neurobiology highlights the intricate and intimate relationship between body and mind.

THE MODULAR TRAINING STRUCTURE

Module I Fundamentals of Bioenergetics

1 year training, Berlin: 2019 *pre-clinical*

Module II Psychodynamics and body development psychology, body-reading-diagnosis, character-structures *pre-clinical*

After Module I & II a certification as **Bioenergetic Exercise Class Leader** as well as **„professional specialization in BA“** is possible.

Module III & IV 3 + 4. year - *clinical curriculum*

The therapeutic process and its phases, the therapeutic relationship, selected clinical themes and supervision.

Leading to the **CBT / IIBA Certification**.

acc. to the Curriculum and requirements of the International Institute For Bioenergetic Analysis, founded by Dr. A. Lowen

For details and additional requirements like ind. therapy hours and Supervision please inform yourself on our website: www.niba-ev.de